# "EVALUATION OF PHYTOCHEMICAL, ANTIOXIDANT, NUTRIENT ANALYSIS, FORMULATION AND DEVELOPMENT OF MULTI MILLET PAPPAD"

A THESIS

Submitted by

M. ANISHA

(Reg. No: 20213092520202)

To Manonmaniam Sundaranar University in partial fulfillment
of the requirement for the award of the degree of
MASTER OF SCIENCE IN NUTRITION AND
DIETETICS WITH HOSPITALITY MANAGEMENT



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Certified that this Thesis titled "EVALUATION OF PHYTOCHEMICAL, ANTIOXIDANT, NUTRIENT ANALYSIS, FORMULATION AND DEVELOPMENT OF MULTI MILLET PAPPAD" is the bonafide work of M. ANISHA (Reg. No: 20213092520202) who carried out the work under my supervision. Certified further that to the best of my knowledge the work reported here in does not from part of any other thesis or dissertation on the basis of which a degree or award was conferred on an earlier occasion on this or any other candidate.

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# EVALUATION OF THE PHYTOCHEMICALS, NUTRIENTS AND ORGANOLEPTIC PROPERTIES OF RED AND GREEN APPLE PEEL BASED FORMULATED PRODUCT

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#### "ANALYSIS OF THE PHYTOCHEMICAL NUTRITIONAL AND SENSORY PROPERTIES OF TAGETES ERECTA FLOWER"

A THESIS

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## "PHYTOCHEMICAL AND ORGANOLEPTIC PROPERTIESOF MILK FROM BORASSUS FLABELLIFER SPROUTS"

A THESIS

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## "INVESTIGATION OF ANTIOXIDANT AND ANTIMICROBIAL ACTIVITY OF MUNTINGIA CALABURA LEAF EXTRACT AND IT'S PROPERTIES"

A THESIS

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# "EVALUATION OF CISSUS QUADRANGULARIS, PHYTOCHEMICAL COMPONENTS, NUTRITIONAL FACTS, ANTIOXIDANT CONTENT& ANTIMICROBIAL ACTIVITY, AS WELL AS PRODUCTS ORGANOLEPTIC QUALITIES AND STORAGE STABILITY"

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#### "CHARACTERIZATION OF PHYTOCHEMICALS AND SENSORY PROPERTIES OF BORASSUS FLABELLIFER SAP OF THIRUNELVELI DISTRICT"

#### ATHESIS

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### "PHARMOCOLOGICAL POTENTIAL, NUTRIENT ANALYSIS AND PRODUCT FORMULATION OF CASSIA AURICULATA"

#### A THESIS

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## "PHYTOPHARMACOLOGICAL POTENTIAL AND PRODUCTFORMULATION OF CITRUS MAXIMA LEAVES"

A THESIS

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### "FORMULATION AND EVALUATION OF CITRUS MEDICA FRUITINCORPORATED PRODUCTS"

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## "NUTRIENT COMPOSITION, FUNCTIONAL AND ORGANOLEPTIC PROPERTIES OF SOLANUM NIGRUM LEAF BASED FOODS"

A THESIS

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## "NUTRIENT ANALYSIS, SENSORY CHARACTERISTICS AND PRODUCT INCORPORATION OF CASSIA TORA SEED POWDER"

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## "NUTRIENT COMPOSITION, ANTIOXDIANT AND ORGANOLEPTIC PROPERTIES OF HEALTH DRINKS FROM BORASSUS FLABELIFER SAP"

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#### "EVALUATION OF PHYTOCHEMICALS, NUTRITIONAL AND ORGANOLEPTIC PROPERTIES OF FOODS BASED ON MORINGA OLEIFERA LEAF EXTRACT"

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## "PROXIMATE ANTIOXIDANT AND SENSORY PROPERTIES OF PRODUCTS PRODUCED FROM DRIED BORASSUS FLABELLIFER SPROUTS"

A THESIS Submitted by

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## A STUDY ON THE EFFECT OF PHYTOCHEMICALS COMPOSITION AND SENSORY CHARACTERISTICS OF BORASSUS FLABELLIFER FRUIT

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## FAGOPYRUM ESCULENTUM INCORPORATED PRODUCT WAS DEVELOPED AFTER BEING EVALUATED FOR ITS PHYTOCHEMICAL COMPONENT, ANTIOXIDANT & NUTRIENT

ANALYSIS

A THESIS

Submitted by

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## "FORMULATION AND EVALUATION OF PANDANUS AMARYLLIFOLIUS POWDER INCORPORATED PRODUCTS"

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#### BONAFIDE CERTIFICATE

Certified that this thesis titled "FORMULATION AND EVALUATION OF PANDANUS AMARYLLIFOLIUS POWDER INCORPORATED PRODUCTS" is the bonafide work of NISHITHA. G (Reg. No: 20213092520223) who carried out the work under my supervision. Certified further that to the best of my knowledge the work reported here in does not form part of any other thesis or dissertation on the basis of which a degree or award was conferred on an earlier occasion on this or any other candidate.

Signatuce of HQD's COLLEGE

Mrs.T. Sherin Mary, M.Sc., B.Ed., M.Phil, NET, Ph.D.

Professor and Head of the Department,

P.G and Research Department of

Nutrition and Dietetics.

Muslim Arts College,

Hiruvithancode- 629 174.

gnature of the Principal

Dr. T. Renisheya Joy Jeba Malar,

Assistant professor,

P.G and Research Department

of Nutrition and Dietetics,

Muslim Arts College,

Thiruvithancode- 629 174

**External Examiners** 

"ASSESSING THE ANNONA MURICATA FRUIT PULP AS A
POTENTIAL SOURCES OF ANTI-CANCER ASIDE FROM
UNDERGOING NUTRIENT ANALYSIS, MICROBIAL
ANALYSISND FORMULATION AND SENSORY EVALUATION"

A THESIS

Submitted by

SHALY.F (Reg. No: 20213092520224)

A Dissertation submitted to the Manonmaniam Sundaranar University inpartial fulfillment of the requirement for the award of the degree of

### MASTER OF SCIENCE IN NUTRITION AND DIETETICS WITH HOSPITALITY MANAGEMENT



P.G AND RESEARCH DEPARTMENT OF
NUTRITION AND DIETETICS
MUSLIM ARTS COLLEGE
THIRUVITHANCODE – 629174
APRIL – 2023

#### MUSLIM ARTS COLLEGE THIRUVITHANCODE-629174



#### BONAFIDE CERTIFICATE

Certified that this Thesis titled "ASSESSING THE ANNONA MURICATA FRUIT PULP AS A POTENTIAL SOURCES OF ANTI-CANCER ASIDE FROM UNDERGOING NUTRIENT ANALYSIS, MICROBIAL ANALYSIS FORMULATION AND SENSORY EVALUATION "is the bonafide work of SHALY.F (Reg. No: 20213092520224) who carried out the work under my supervision. Certified further that to the best of my knowledge the work reported here in does not form part of any other thesis or dissertation on the basis of which a degree or award was conferred on an earlier occasion on this or any other candidate.

Mrs.T.Shgrin Mary, M.Sc. M.Phil

B.Ed., NET.,

Professor and Head of the Department,

P.G and Research Department of

Nutrition and Dietetics,

Muslim Arts College,

Thiruvithancode- 629174.

Signature of the Principal

Signature of the Guide Dr.M. Velvizhi M.Sc., Ph.D.,

Assistant professor

P.G and Research Department
of Nutrition and Dietetics,

Muslim Arts College,

Thiruvithancode- 629174

External Examiners

10

### "ANTIOXIDANT, ANTIBACTERIAL ACTIVITY AND PHYTOCHEMICAL CHARACTERIZATION OF SOLANUM TRILOBATUM LEAVES POWDER"

A THESIS

Submitted by

MAN OF THE OPPRETHENT OF MUTRITION & DIFTETI MUSLIM ARTS COLLEGE THIR WITH ANCODE - 629 TO

SHENPAGHA.T.S

(Reg. No: 20213092520225)

A Dissertation submitted to the Manonmaniam Sundaranar University in partial fulfillment of the requirement for the award of the degree of

#### MASTER OF SCIENCE

IN

# NUTRITION AND DIETETICS WITH HOSPITALITY MANAGEMENT



### PG AND RESEARCH DEPARTMENT OF NUTRITION AND DIETETICS

MUSLIM ARTS COLLEGE
THIRUVITHANCODE – 629174
APRIL 2023

#### MUSLIM ARTS COLLEGE

#### THIRUVITHANCODE-629174



#### BONAFIDE CERTIFICATE

Certified that this Thesis titled"Antioxidant, Anti-Bacterial Activity, Phytochemical Characterization Of Solanum trilobatum Leaves Powder"is the bonafide work of SHENPAGHA.T.S Reg. No:(20213092520225) who carried out the work under my supervision. Certified further that to the best of my knowledge the work reported here in does not form part of any other thesis or dissertation on the basis of which a degree or award was conferred on an earlier occasion on this or any other candidate.

DOF THE "E

MUSLIM ARTS COLLEGE Signature of HOD and Guide

Mrs.T.Sherin Mary, M.Sc., M.Phil

B.Ed., NET.,

Professor and Head of the Department,

P.G and Research Department of

Nutrition and Dietetics,

Muslim Arts College,

Thiruvithancode- 629174:

Signature of the Principal

External Examiners

# "EVALUATION OF PHYTOCHEMICAL, NUTRIENT ANALYSIS AND ORGANOLEPTIC EVALUATION OF CITRUS MAXIMA EXTRACT INCORPORATED PRODUCT"

A THESIS

Submitted by

SHIFANA A.J

(Reg. No: 20213092520226)

A Dissertation submitted to the Manonmaniam Sundaranar University in partial fulfillment of the requirement for the award of the degree of

### MASTER OF SCIENCE IN NUTRITION AND DIETETICS WITH HOSPITALITY MANAGEMENT



P.G AND RESEARCH DEPARTMENT OF

NUTRITION AND DIETETICS

MUSLIM ARTS COLLEGE

THIRUVITHANCODE – 629174

APRIL – 2023

#### MUSLIM ARTS COLLEGE THIRUVITHANCODE- 629174



#### BONAFIDE CERTIFICATE

Certified that this Thesis titled "EVALUATION OF PHYTOCHEMICAL, NUTRIENT ANALYSIS AND ORGANOLEPTIC EVALUATION OF CITRUS MAXIMA EXTRACT INCORPORATED PRODUCTS" is the bonafide work of SHIFANA A.J (Reg. No: 20213092520226) who carried out the work under my supervision. Certified further that to the best of my knowledge the work reported here in does not form part of any other thesis or dissertation on the basis of which a degree or award was conferred on an earlier occasion on this or any other candidate.

Signature of HODRTS COLLEGE

Mrs. T.Sherin Mary, M.Sc., M.Phil

B.Ed., NET.

Professor and Head of the Department
P.G and Research Department of
Nutrition and Dietetics,
Muslim Arts College,

Thiruvithancode - 629174.

Signature of the Principal

Signature The Guide

I.M.ShifanaJasmineM.Sc.,B.ed

Assistant professor

P.G and Research Department

of Nutrition and Dietetics,

Muslim Arts College,

Thiruvithancode - 629174.

**External Examiners** 

L

2

# "EVALUATION OF PASSIFLORA EDULIS, PHYTOCHEMICAL COMPONENTS, NUTRITIONAL CONTENT, ANTIOXIDANT CONTENT, ORGANOLEPTIC QUALITY AND STORAGE STABILITY"

A THESIS

Submitted by

SURIYA SREE M.S

(Reg. No: 20213092520227)

A Dissertation submitted to the Manonmaniam Sundaranar University in partial fulfillment of the requirement for the award of the degree of

#### MASTER OF SCIENCE IN NUTRITION AND DIETETICS WITH HOSPITALITY MANAGEMENT



P.G AND RESEARCH DEPARTMENT OF NUTRITION AND DIETETICS MUSLIM ARTS COLLEGE THIRUVITHANCODE - 629174 APRIL - 2023

#### MUSLIM ARTS COLLEGE THIRUVITHANCODE- 629174



#### BONAFIDE CERTIFICATE

PHYTO CHEMICALS COMPONENTS, NUTRITIONAL CONTENT, ANTIOXIDANT CONTENT, ORGANOLEPTIC QUALITY AND STORAGE STABILITY" is the bonafide work of SURIYA SREE M.S (Reg. No: 20213092520227) who carried out the work under my supervision. Certified further that to the best of my knowledge the work reported here in does not form part of any other thesis or dissertation on the basis of which a degree or award was conferred on an earlier occasion on this or any other candidate.

Signature of HOD JITHANCODE - 629 178

Mrs.T.Sherin Mary, M.Sc., M.Phil

M.Sc., B.Ed., M.Phil., NET., Ph. D

Professor and Head of the Department

P.G and Research Department of

Nutrition and Dietetics,

Muslim Arts College,

Thiruvithancode - 629174.

Signature of the Principal

Signature of the Guide

Dr. M.Velvizhi M.Sc., Ph.D.,

Assistant professor

P.G and Research Department

of Nutrition and Dietetics.

Muslim Arts College,

Thiruvithancode - 629174.

External Examiners

2



Ref No BMCH HR 167/22

Dore: 06.10.2022

#### INTERNSHIP COMPLETION CERTIFICATE

Student in Muslim Arts College, Thiravithancode has completed her One Month of practical training from 12.08.2022 to 12.09.2022 in the department of Clinical Nutrition & Dietetics under the guidance of Mrs.Revath.M.- Clinical Dietitian at Bhasrath Medical College and Hospital, Chennai.

During her internship she had undergone learning on Diet Counseling, Natritional Assessment, Diet Planning & Monitoring, Enteral Nutrition, Hygiene & Sanitation Standards of Kitchen, Planning & Execution of Food Service. These entire activities were also performed by her in the way of assisting the department while learning.

We wish her good luck in her future endeavors.

Copy to Office File:

Prepared By

HR Manager -

Medical Director

-

Bharath Super Speciality Hospitals
(Bharath Medical College and Hespital)

07.09.2022

#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms. M. Anisha, pursuing 2<sup>nd</sup> Year M.Sc.(Nutrition and Dietetics)., at Muslim Arts College, Thiruvithancode, Kanyakumari District has undergone training in the Department of Dietetics in our institution from 08.08.2022 to 07.09.2022.

During the above period, her involvement in the subject was good.

K. Vivek Chandran Senior Manager - HR





#### Dr. JEVAS-KHARAN MEDICAL TRUST

#### DI.JEYASEKHARAN HOSPITAL & NURSING HOME

FOUNDERS (Late Dr. N.D. Jevasokharan, Mans. FRCS. Late Mrs. M. Rani Jayasekharan, Mes.

WANAGING TRUSTEE

Dr. D. Devaprasath Jeyasakharan, M.B.B., M.S. Gen. F.A.M.S. Ueslegy I.V.

Dr. S. Sahu Jeyesekharan, M.S.B.S., M.S.(Gen.) (Gestrocontrologist)

Dr. J. Ranjit Joyanekharan, M.B.B. D.M.R.D.M.D. Gon Men

Ret. No. JC/4/2189/22

03/11/2022

#### TO WHOM IT MAY CONCERN

This is to certify that Ms. Anisha. T, II year M.Sc. Nutrition & Dietetics student of Muslim Arts College, Azhagiamandapam, Thiruvithancode, has done her Internship Training in the Department of Dietary of this 200 bed Multispeciality Institution for 25 days between 08-08-2022 to 07-09-2022.



MRS DEFINE CATE

#### MAGNA HOSPITAL

Vellaiampalam, Puthukkadai, Kanyakumari Ph: 04651 - 232893 / 83001 34462 Email: magnahospital@yahoo.com

#### TRAINING CERTIFICATE

This is to certify that Mrs.Anishia. A studying in II year PG

Nutrition & Dietetics in hospitality management in Muslim Arts College

Thiruvithancode has successfully completed her training in MAGNA HOSPITAL for 1month (08/08/2022 to 07/09/2022).

During her training she was responsible and has done an excellent job in the performance of enumerated duties and responsibilities and has always been very professional during her tenure. We wish her all the best to all her future endeavors.

10

Dr. A. CHRISTINA, Maas, M.S. ReSignature

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07.09.2022

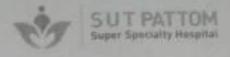
#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms. M. Anitha, pursuing 2<sup>nd</sup> Year M.Sc.(Nutrition and Dietetics)., at Muslim Arts College, Thiruvithancode, Kanyakumari District has undergone training in the Department of Dietetics in our institution from 08.08.2022 to 07.09.2022.

During the above period, her involvement in the subject was good.

K. Vivek Chandran Senior Manager - HR





HR/INT/083/2022

12.09.2022

#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that Anjima D S has successfully completed her internship training in the Department of Dietary at SUT Hospital, Pattom. This training was allowed to proceed based on her request.

She had completed a total of 1 Month internship in SUT Hospital during the tenure from 08th August 2022 to 07th September 2022.

SUT Hospital, Pattom is a Tertiary Care Multi Specialty Hospital with all modern facilities.

For SUT Hospital, Pattom

Devi Krishna R N HR Manager





HR/INT/085/2022

12.09.2022

#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that Anjitha D S has successfully completed her internship training in the Department of Dietary at SUT Hospital, Pattom. This training was allowed to proceed based on her request.

She had completed a total of 1 Month internship in SUT Hospital during the tenure from 08<sup>th</sup> August 2022 to 07<sup>th</sup> September 2022.

SUT Hospital, Pattom is a Tertiary Care Multi Specialty Hospital with all modern facilities.

For SUT Hospital, Pattom

Devi Krishna R N HR Manager











7th September, 2022

#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that MS. Asha Begam K A S., Undergoing graduation at Muslim Arts college, Thiruvithancodu, has successfully completed one month internship from 8th August - September 7th 2022 as per curriculum requirement in the department of Nutrition and Dietetics , MGM Healthcare Pvt. Ltd., Chennai.

During the period of her internship she was found to be punctual and had a good moral behaviour.

WE WISH HER SUCCESS IN ALL FUTURE ENDEAVOURS.

Cycyar hom-

MS.VIJAYASHREE, M.Sc., M.Phil., RD.

CHIEF DIETTIAN,

DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS.

MGM HEALTHCARE PVT LTD,

CHENNAL.

MGM HEALTHCARE PVT LTD

73, Nation Marks are Road, Americana, Charge - 6000259 1, 191 At 4524 2424 / 4527 2727









#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that MS. Aswini R K, Undergoing graduation at Muslim Arts college, Thiruvithancodu, has successfully completed one month internship from 8th August -September 7th 2022, as per curriculum requirement in the department of Nutrition and Dietetics, MGM Healthcare Pvt. Ltd., Chennai.

During the period of her internship she was found to be punctual and had a good moral behaviour.

WE WISH HER SUCCESS IN ALL FUTURE ENDEAVOURS.

Cychmin

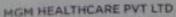
MS.VIJAYASHREE, M.Sc., M.Phil., RD.

CHIEF DIETITIAN,

DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS.

MGM HEALTHCARE PVT LTD.

CHENNAL



72. Nelson Manickam Road, Ammakarai, Chennal - 600029 📞 +91.44 4524 2424 / 4527 2727

· evolumenhealthcara.in

momhealthcare.in

07.09.2022

#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms. K.L. Dhanya Mol, pursuing 2<sup>nd</sup> Year M.Sc.(Nutrition and Dietetics)., at Muslim Arts College, Thiruvithancode, Kanyakumari District has undergone training in the Department of Dietetics in our institution from 08.08.2022 to 07.09.2022.

During the above period, her involvement in the subject was good.

K. Vivek Chandran Senior Manager - HR



Lake Area, Melur Road, Madurai - 625 107. Tamilnadu, INDIA, P. 0452 - 426 3000/254 3000. F. 0452 - 253 6353, Info@cumbrc.com www.com/fire.com

#### MAGNA HOSPITAL

Vellaiampalam, Puthukkadai, Kanyakumari Ph: 04651 - 232893 / 83001 34462 Email: magnahospital@yahoo.com

#### TRAINING CERTIFICATE

This is to certify that Miss.Fathima Amina.M studying in II year PG Nutrition & Dietetics in hospitality management in Muslim Arts College Thiruvithancode has successfully completed her training in MAGNA HOSPITAL for 1month (08/08/2022 to 07/09/2022).

During her training she was responsible and has done an excellent job in the performance of enumerated duties and responsibilities and has always been very professional during her tenure. We wish her all the best to all her future endeavors.

Signature

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Ref.No.BMCH HR 162-22

Date: 06:10:2022

#### INTERNSHIP COMPLETION CERTIFICATE

Student in Muslim Arts College, Thiruvithancode has completed her One Month of practical training from 12.08.2022 to 12.09.2022 in the department of Clinical Nutrition & Dietetics under the guidance of Mrs.Revothi.M - Clinical Dietitian at Bhasrath Medical College and Hospital, Chennai.

Assessment, Diet Planning & Monitoring, Emeral Nutrition, Hygiene & Samitation, Standards of Kitchen, Planning & Execution of Food Service. These entire activities were also performed by her in the way of assisting the department while learning.

We wish her good luck in her future endeavors.

Copy to Office File:

Prepared By

HR Manager

Medical Director

No SECRETARIA DE LA COMPANSION DE LA COM

Bharath Super Speciality Hospitals
(Bhaarath Medical College and Hospital)



Ref No BMCH HR 164-22

Date: 06:10:2022

#### INTERNSHIP COMPLETION CERTIFICATE

Student in Muslim Arts College. Thirtwithancode has completed her One Month of practical training from 12.08.2022 to 12.09.2022 in the department of Clinical National A Dietetics under the guidance of Mrs.Revathi M - Clinical Dietitian at Obserath Medical College and Hospital, Chennai.

During her internship she had undergone fearning on Diet Counseling, Nutritional Assessment, Diet Planning & Monitoring, Enteral Nutrition, Hygiene & Santiation Standards of Kitchen, Planning & Execution of Food Service. These entire activities were also performed by her in the way of assisting the department while fearning.

We wish her good luck in her future endeavors.

Copy to Office File:

Prepared By

Kisha Kana-

Medical Director

-

Bharath Super Speciality Hospitals (Bhanrath Medical Callege and Hospital)

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Ref No BMCH HRUK5/22

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#### INTERNSHIP COMPLETION CERTIFICATE

This is to certify that J.Jenishiya 2nd Visir MSc Sustaines & Dictional Student in Muslim Acts College, Thiravillancode has completed her One Meeting of practical training from 12.08.2022 to 12.09.2022 in the department of Conseal Nazieles & Dietetics under the guidance of Mrs Revathi M - Clinical Dictiona at Bhuarath Medical College and Hospital, Chennai.

During her internship she had undergone learning on Diet Counseling, Nurshouse Assessment, Diet Planning & Monitoring, Enteral Nutrition, Hygiene & Sanitation Standards of Kitchen, Planning & Execution of Lood Service. These entire activities were also performed by her in the way of assisting the department while learning.

We wish her good tuck in her future endeavors.

Copy to Office File: Prepared By

HR Manager

Medical Director

-

Bhorath Super Speciality Hospitals
(Bhoorath Medical College and Haspital)

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ReCNo BMCH HR 161/22

Date: 06:18:2022

#### INTERNSHIP COMPLETION CERTIFICATE

This is to certify that J.B.Jeroline Jeniffer 2nd Year MSc Notember & Dietetics Student in Muslim Arts College, Thinry thancode has completed for One Month of practical training from 12.08.2022 to 12.09.2022 in the department of Clinical National & Dietetics under the guidance of Mrs.Revath. M. - Clinical Dietetian at Blaceratic Medical College and Hospital, Chemiai.

During her internship she had undergone learning on Diet Counseling, Nutritional Assessment, Diet Planning & Monitoring, Enteral Nutrition, Hygiene & Sanitation Standards of Kitchen, Planning & Execution of Food Service. These entire activities were also performed by her in the way of assisting the department while learning.

We wish her good luck in her future endeavors.

Copy to Office File:

Prepared By

MR Manager

Medical Director

-

Bharath Super Speciality Hospitals
[Bhoarath Medical College and Hospital]

372 Agustra Marie Annie, Selector, Charrier, 1603-373 Physics (Saladian 1777), 1617-1718.



Ref No BMCH HR 166/22

Date: 06. | 0.2022

#### INTERNSHIP COMPLETION CERTIFICATE

Dieteries Student in Muslim Arts College, Thirte ithancode has completed ber One Marin of practical training from 12.08.2022 to 12.09.2022 in the department of Clinical Newton & Dieteries under the guidance of Mrs Revathi M - Clinical Dieterian at Bhaurach Medical College and Hospital, Chennai.

During her internship she had undergone learning on Diet Counseling, National Assessment, Diet Planning & Monitoring, Enteral Nutrition, Hygiene & Sanitation Standards of Kitchen, Planning & Execution of Food Service. These entire activities were also performed by her in the way of assisting the department while learning.

We wish her good luck in her future endeavors.

Copy to Office File:

Prepared By

D

HR Manager

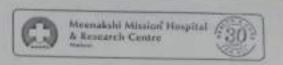
for sex

Medical Director

Bharath Super Speciality Hospitals
(Whoorath Medical College and Hospital)

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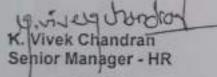


07.09.2022

#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms. A. Mary Sharmini, pursuing 2<sup>nd</sup> Year M.Sc.(Nutrition and Dietetics)., at Muslim Arts College, Thiruvithancode, Kanyakumari District has undergone training in the Department of Dietetics in our institution from 08.08.2022 to 07.09.2022.

During the above period, her involvement in the subject was good.





Lake Area, Motur Road, Madural - 625 107. Tamilhadu, INDIA, P. 0452 - 426 3000/254 3000, F. 0452 - 258 6353, Into@minhrc.com www.minhrc.com



HR/INT/082/2022 12.09.2022

#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that Meera S S has successfully completed her internship training in the Department of Dietary at SUT Hospital, Pattorn. This training was allowed to proceed based on her request.

She had completed a total of 1 Month internship in SUT Hospital during the tenure from 08th August 2022 to 07th September 2022.

SUT Hospital, Pattorn is a Tertiary Care Multi Specialty Hospital with all modern facilities.

For SUT Hospital, Pattom

Devi Krishna R N HR Manager

07.09.2022

#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms. V. Monisha, pursuing 2<sup>nd</sup> Year M.Sc.(Nutrition and Dietetics)., at Muslim Arts College, Thiruvithancode, Kanyakumari District has undergone training in the Department of Dietetics in our institution from 08.08.2022 to 07.09.2022.

During the above period, her involvement in the subject was good.

K. Vivek Chandran Senior Manager - HR









7th September, 2022

#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that MS. Nabisha Nowfiya S., Undergoing graduation at Muslim Arts college, Thiruvithancodu, has successfully completed one month internship from 8<sup>th</sup> August – September 7<sup>th</sup> 2022, as per curriculum requirement in the department of Nutrition and Dietetics, MGM Healthcare Pvt. Ltd., Chennai.

During the period of her internship she was found to be punctual and had a good moral behaviour.

WE WISH HER SUCCESS IN ALL FUTURE ENDEAVOURS.

MS.VIJAYASHREE, M.Sc., M.Phil., RD.

CHIEF DIETITIAN.

DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS,

MGM HEALTHCARE PVT LTD.

CHENNAL.



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mamheaithcare.in



Ref.No.BMC11/HR/161/22

Date: 06:10:2022

#### INTERNSHIP COMPLETION CERTIFICATE

This is to certify that G.Nishitha and Year MSc Norman & Observer Student in Muslim Arts College. Thiruvithancosle has completed her One Month of practical training from 12.08.2022 to 12.09.2022 in the department of Chriscal Nomition & Diefetics under the guidance of Mrs.Revath.M. - Chriscal Dientian at Bluarath Marinal College and Hospital, Chemiai.

During her internship she had undergone learning on Diet Counseling, National Assessment, Diet Planning & Monitoring, Enteral Nutrition, Hygiene & Sandation Standards of Kitchen, Planning & Execution of Food Service. These entire activities were also performed by her in the way of assisting the department while learning.

We wish her good luck in her future endeavors.

Copy to Office File: Prepared By

HR Manager

Medical Director

Bharath Super Speciality Hospitals (Bhazath Medicul College and Hospital)

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HR/INT/089/2022

12.09.2022

#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that Shaly F has successfully completed her internship training in the Department of Dietary at SUT Hospital, Pattom. This training was allowed to proceed based on her request.

She had completed a total of 1 Month internship in SUT Hospital during the tenure from 08th August 2022 to 07th September 2022.

SUT Hospital, Pattom is a Tertiary Care Multi Specialty Hospital with all modern facilities.

For SUT Hospital, Pattom

Devi Krishna R N HR Manager











#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that MS. Shenpagha T S, Undergoing graduation at Muslim Arts college, Thiruvithancodu, has successfully completed one month internship from 8th August – September 7th 2022, as per curriculum requirement in the department of Nutrition and Dietetics, MGM Healthcare Pvt. Ltd., Chennai.

During the period of her internship she was found to be punctual and had a good moral behaviour.

WE WISH HER SUCCESS IN ALL FUTURE ENDEAVOURS.

Ogyashm\_

MS.VIJAYASHREE, M.Sc., M.Phil., RD.

CHIEF DIETITIAN,

DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS.

MGM HEALTHCARE PVT LTD.

CHENNAL.











#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that MS. Shifana A J, Undergoing graduation at Muslim Arts college, Thiruvithancodu, has successfully completed one month internship from 8th August – September 7th 2022, as per curriculum requirement in the department of Nutrition and Dietetics, MGM Healthcare Pvt. Ltd., Chennai.

During the period of her internship she was found to be punctual and had a good moral behaviour.

WE WISH HER SUCCESS IN ALL FUTURE ENDEAVOURS.

Ly wahung Mine

MS.VIJAYASHREE, M.Sc., M.Phil., RD.

CHIEF DIETITIAN,
DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS,
MGM HEALTHCARE PVT LTD,
CHENNAL.

HR/INT/081/2022

12.09.2022

#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that M S Suriya Sree has successfully completed her internship training in the Department of Dietary at SUT Hospital, Pattom. This training was allowed to proceed based on her request.

She had completed a total of 1 Month internship in SUT Hospital during the tenure from 08th August 2022 to 07th September 2022.

SUT Hospital, Pattorn is a Tertiary Care Multi Specialty Hospital with all modern facilities.

For SUT Hospital, Pattom

Devi Krishna R N HR Manager



### A STUDY ON NUTRITION & HEALTH RELATED PRACTICE BETWEEN RURAL & URBAN COMMUNITY

#### FIELD WORK

SUBMITTED TO

### MANONMANIAM SUNDARANAR UNIVERSITY TIRUNELVELI

In partial fulfilment of requirement for the award of the degree of
MASTER OF SCIENCE IN NUTRITION AND DIETETICS WITH
HOSPITALITY MANAGEMENT

#### SUBMITTED BY

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AKINSHA D L	20223092520203
ATHIRA R	20223092520204

Under the Guidance of Dr.Ajisha Yesudhas PhD.,



MUSLIM ARTS COLLEGE THIRDYTHANCODE - 829

PG AND RESEARCH DEPARTMENT OF NUTRITION AND DIETETICS WITH HOSPITALITY MANAGEMENT MUSLIM ARTS COLLEGE, THIRUVITHANCODE-629174 APRIL - 2023

#### MUSLIM ARTS COLLEGE, THIRUVITHANCODE



#### BONAFIDE CERTIFICATE

Certified that this Field work titled "A STUDY ON NUTRITION & HEALTH RELATED PRACTICE BETWEEN RURAL & URBAN COMMUNITY" is the bonafide work carried out under my supervision for the following students.

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Certified further that to the best of my knowledge the work reported herein thus not form part of any other thesis/ dissertation/ field work on the basis of which a degree or award was conferred on a earlier occasion on this or any other candidate.

Signature of the Guide

Dr.Ajisha Yesudhas PhD.,

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Signature of the Principal

Place: Thiruvithancode

Date:

### A SURVEY ON OCCUPATIONAL AND LIFESTYLE RISK FACTORS IN FEMALE INFERTILITY

#### FIELD WORK

SUBMITTED TO

### MANONMANIAM SUNDARANAR UNIVERSITY TIRUNELVELI

In partial fulfillment of requirement for the award of the degree of

#### MASTER OF SCIENCE IN NUTRITION AND DIETETICS WITH HOSPITALITY MANAGEMENT

#### Submitted by

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Place: Thiruvithancode

Date: 06/05/2023

# "A STUDY ON THE AWARENESS ABOUT CONSUMABILITY OF PALMYRA FOOD PRODUCTS AMONG ADULTS"

#### A FIELD WORK

Submitted by

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JASMINE PRIYA. D.R	20223092520211
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To the Manonmaniam Sundaranar University in partial fulfilment of the requirement for the award of the degree of

#### MASTER OF SCIENCE IN NUTRITION AND DIETETICS WITH

#### HOSPITALITY MANAGEMENT





PG AND RESEARCH DEPARTMENT OF NUTRITION
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THIRUVITHANCODE - 629174
APRIL 2023

#### MUSLIM ARTS COLLEGE

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#### BONAFIDE CERTIFICATE

Consumability of Palmyra food products among adults" is the bonafide work of Fathima Sakiya. M (Reg.No:20223092520209), HAZEEBA. S (Reg.No:20223092520210), Jasmine Priya. D.R (Reg. No: 20223092520211), KOWSALYA. S (Reg. No: 20223092520212), NIZMA. M.A (Reg. No: 20223092520215) who carried out the work under my supervision. Certified further that to the best of my knowledge the work reported here in does not form part of any other field work on the basis of which a degree or award was conferred on an earlier occasion on this or any other candidate.

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Signature of Principal

Dr. G. Edwin Sheela

**External Examiners** 

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2.

# "A STUDY ON THE AWARENESS ABOUT TRADITIONAL MEDICINES & TREATMENTS AMONG ADULTS"

#### A FIELD WORK

Submitted by

NAME	REG.NO
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M. NAZEEMA BEEVI	20223092520214
PARVATHY. B	20223092520216
RAJALEKSHMI. V	20223092520217

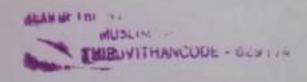
To the Manonmaniam Sundaranar University in partial fulfilment of the requirement for the award of the degree of

MASTER OF SCIENCE

IN

NUTRITION AND DIETETICS WITH HOSPITALITY MANAGEMENT





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APRIL 2023

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TRADITIONAL MEDICINES & TREATMENTS AMONG ADULDS" is the bonafide work of K. NABISATHUL MABHASA (Reg. No.: 20223092520213), M. NAZEEMA BEEVI (Reg. No.: 20223092520214), PARVATHY. B (Reg. No.: 20223092520216), RAJALEKSHMI. V (Reg. No.: 20223092520217) who carried out the work under my supervision. Certified further that to the best of my knowledge the work reported here in does not form part of any other field work on the basis of which a degree or award was conferred on an earlier occasion on this or any other candidate.

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2.

# "A STUDY ON THE PRODUCTION AND MARKETING OF HONEY IN MARTHANDAM HONEY FACTORY" A FIELD WORK

Submitted by

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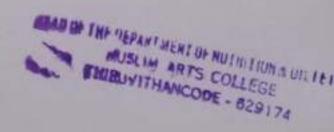
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IN

#### NUTRITION AND DIETETICS WITH HOSPITALITY MANAGEMENT





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OF HONEY IN MARTHANDAM HONEY FACTORY" is the bonafide work of ROSHNA. S (Reg. No.: 20223092520218), SUBHUHANA FATHIMA. S (Reg. No.: 20223092520219), SULIGA NUFISHA. M (Reg. No.: 20223092520220), SUVETHA. D (Reg. No.: 2022309252022) who carried out the work under my supervision. Certified further that to the best of my knowledge the work reported here in does not form part of any other field work on the basis of which a degree or award was conferred on an earlier occasion on this or any other candidate.

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